

2020 WEST SCRANON LITTLE LEAGUE

COVID-19 Exposure Response Guidance

The below guidance was developed in accordance with the CDC “Public Health Guidance for Community-Related Exposure” & “Symptom-Based Strategy to Discontinue Isolation for Persons with COVID-19”

Volunteers, coaches, players, umpires and families should familiarize themselves with the systems of COVID-19.

Symptoms of Coronavirus

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills (fever is defined as subjective fever (feeling feverish) or a measured temperature of 100.4°F (38°C) or higher
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- This list does not include all possible symptoms. CDC will continue to update this list

A link to the <https://www.cdc.gov/coronavirus/2019-ncov/index.html> can be found here.

Exposure Situations

Exhibiting COVID-19 Symptoms (I think or know I had COVID-19, and I had symptoms)

If a volunteer, player, coach or umpire exhibits COVID-19 symptoms (ie. fever, cough, shortness of breath or any other of the systems identified above), they must alert their coach and contact their Local League's Safety Officer. If the symptoms develop during a League Activity, the volunteer, player or coach will be sent home immediately. If the systems develop while at home, the volunteer, player or coach must remain at home.

You may resume participation in League activities after:

- 3 days with no fever without the use of fever-reducing medications and
- Symptoms improved and
- 10 days since symptoms first appeared

Depending on your healthcare provider's advice and availability of testing, you might get tested to see if you still have COVID-19. If you will be tested, you can be around others when you have no fever, symptoms have improved, and you receive two negative test results in a row, at least 24 hours apart. Under this last condition, the League will require the individual to provide documentation clearing their return to League Activities.

Close Contact with a Tested Positive COVID-19 Individual

A volunteer, player or coach that have come into close contact with a confirmed-positive COVID-19 individual (volunteer, coach, teammate, family member or otherwise) will be directed to cease participation in League Activities (and advised to self-quarantine) for 14 days from the last known date of close contact with the carrier per CDC guidelines.

Close contact is defined as within six feet for about 10 minutes.

If the League learns that a volunteer, player, coach or umpire has tested positive, the League will conduct an investigation to determine the active participants (volunteers, players, managers, coaches and umpires) that may have had close contact with the confirmed-positive individual in the prior 14 days. Those individuals will be notified and directed to cease participation in League Activities (and advised to self-quarantine) for 14 days from the last date of close contact with the carrier.

If a volunteer, player or coach learns that he has come into close contact with a confirmed-positive individual outside of League Activities, the individual must alert their Local League Safety Officer and their coach (if applicable) of the date of the close contact. They are directed to cease participation in League Activities (and advised to self-quarantine) for 14 days from the last date of close contact with the carrier.

Should a participant test positive or exhibit symptoms during the 14-day period the resumption of league activity shall be as outlined under "Exhibiting COVID-19 Symptoms" above.

Tests Positive for COVID-19 With No Symptoms

An individual that tests positive for COVID-19 will be directed to be self-quarantine per CDC guidelines and stay away from the League and all fields and facilities. They are directed to notify their Local League Safety Officer of the date of the positive test. The league will conduct an investigation and proceed as outlined in the "Close Contact with a Tested Positive COVID-19 Individual" section. The individual that tested positive are directed to cease participation in League Activities (and advised to self-quarantine).

Those that test positive and are symptom free may return to League Activities when:

- at least ten (10) days have passed since the date of the positive test and
- have not had a subsequent illness.

Depending on the individual's healthcare provider's advice and availability of testing, individuals may still be required to get tested to see if they still have COVID-19. In this case, the individual may return to League Activities after they receive two negative test results in a row, at least 24 hours apart. Under this last condition, the League will require the individual to provide documentation clearing their return to League Activities.

Tests Positive for COVID-19 With Symptoms

An individual that tests positive with symptoms are directed cease participation in League Activity and to care for themselves at home. They may return to League Activities when:

- They have no fever for 72 hours (3 full days) without the use of fever-reducing medication and
- other symptoms have improved and
- at least ten (10) full days have passed since the symptoms first appeared.

Depending on the individual's healthcare provider's advice and availability of testing, individuals may still be required to get tested to see if they still have COVID-19. In this case, the individual may return to League Activities after they receive two negative test results in a row, at least 24 hours apart. Under this last condition, the League will require the individual to provide documentation clearing their return to League Activities.

Game Cancellations Due To Exposure Situations

The League reserves the right to cancel and/or reschedule game(s) due to a team being limited from playing due to quarantine or similarly related COVID-19 issues. The League will make every effort to reschedule games but cannot guarantee the number of games being played by each team if a significant amount of time may be missed by a team.

Confidentiality/Privacy

Except for circumstance in which the League is legally required to report occurrences of communicable disease, the confidentiality of all medical conditions will be maintained in accordance with applicable law. The individual's name will not be shared unless such individual has provided express consent that his/her name may be shared with league membership. When it becomes necessary to make notifications the notifications will be based on date, time, and team or activity basis maintaining the individual confidentiality.